

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Coachinfo: Warming up from: 08:00 untill 08:55. Teamleadmeeting @ 08:15 The listed starttimes are indicative!

Coaches: De Backer Nele HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:2, starttime: 09:04	
Heat: 2/9 Lane : 4 Athlete: BALAUR MARIA							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 09:12	
Heat: 4/9 Lane : 3 Athlete: VAN HOYLANDT JULIE							Q-time: 02:51:86	
PB (25m pool): 02:51.86 Vilvoorde 23/03/2025							PB (50m pool): 02:42.84SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.31		01:23.36		no time		02:51.86
	00:39.31		00:44.05					
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:4, starttime: 09:12	
Heat: 4/9 Lane : 6 Athlete: KEERSMAEKERS ELLA							Q-time: 03:17:13	
PB (25m pool): 03:17.13 Vilvoorde 18/05/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.32		01:33.64		no time		03:17.13
	00:42.32		00:51.32					
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:5, starttime: 09:16	
Heat: 5/9 Lane : 4 Athlete: ISSAGHOLIAN EMELI							Q-time: 02:48:81	
PB (25m pool): 02:48.81 Vilvoorde 18/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.04		01:21.67		no time		02:48.81
	00:39.04		00:42.63					
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:6, starttime: 09:19	
Heat: 6/9 Lane : 2 Athlete: BOROWSKA LENA							Q-time: 02:42:24	
PB (25m pool): 02:42.24 Mons 29/03/2025				PB (50m pool): 02:44.79 SB: 02:44.18 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.80		01:18.46		02:01.15		02:42.24
	00:36.80		00:41.66		00:42.69		00:41.09	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:7, starttime: 09:23	
Heat: 7/9 Lane : 1 Athlete: DESENDER HANNELORE							Q-time: 02:32:83	
PB (25m pool): 02:30.10 Zaventem 18/07/2023				PB (50m pool): 02:34.22 SB: 02:36.22 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:30.10
	no time							
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:8, starttime: 09:26	
Heat: 8/9 Lane : 3 Athlete: PIGEON KELLY							Q-time: 02:14:66	
PB (25m pool): 02:09.10 Braine l'Alleud 09/04/2023				PB (50m pool): 02:14.22 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:09.10
	no time							
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:8, starttime: 09:26	
Heat: 8/9 Lane : 4 Athlete: ROELANT SISKA							Q-time: 02:21:15	
PB (25m pool): 02:21.15 Mons 26/10/2025				PB (50m pool): 02:42.28 SB: 02:21.15 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.78		01:09.07		01:45.98		02:21.15
	00:32.78		00:36.29		00:36.91		00:35.17	
								

Coach feedback:

Event number: 1: 200M FREESTYLE WOMEN 11+							Heat:9, starttime: 09:29	
Heat: 9/9 Lane : 6 Athlete: EL AOUIRI LINA							Q-time: 02:33:88	
PB (25m pool): 02:33.88 Mons 26/10/2025				PB (50m pool): 02:37.64 SB: 02:33.88 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.72		01:13.63		01:54.62		02:33.88
	00:34.72		00:38.91		00:40.99		00:39.26	
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:3, starttime: 09:41	
Heat: 3/9 Lane : 4 Athlete: BOLLU ADRIEN							Q-time: 02:56:38	
PB (25m pool): 02:56.38 Vilvoorde 18/05/2025				PB (50m pool): 03:05.77 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.56		01:25.24		no time		02:56.38
	00:38.56		00:46.68					
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:4, starttime: 09:45	
Heat: 4/9 Lane : 5 Athlete: BOROWSKI ALAN							Q-time: 02:45:42	
PB (25m pool): 02:45.42 Overijse 29/11/2025				PB (50m pool): 03:08.72 SB: 02:45.42 Overijse 29/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		01:20.03		no time		02:45.42
	no time							
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 2: 200M FREESTYLE MEN 11+							Heat:4, starttime: 09:45	
Heat: 4/9 Lane : 6 Athlete: PIERART VITO							Q-time: 02:49:35	
PB (25m pool): 02:49.35 Vilvoorde 23/03/2025			PB (50m pool): no time SB: 02:56.69 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.58		01:22.55		no time		02:49.35
	00:38.58		00:43.97					
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:7, starttime: 09:55	
Heat: 7/9 Lane : 2 Athlete: DAS JORAN							Q-time: 02:06:33	
PB (25m pool): 02:06.33 Vilvoorde 23/03/2025				PB (50m pool): 02:07.82 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.58		01:00.39		no time		02:06.33
	00:28.58		00:31.81					
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:7, starttime: 09:55	
Heat: 7/9 Lane : 5 Athlete: RUDIK ALEKSANDER							Q-time: 02:10:68	
PB (25m pool): 02:10.68 Vilvoorde 18/05/2025				PB (50m pool): 02:16.56SB: 02:12.04 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.31		01:03.18		no time		02:10.68
	00:30.31		00:32.87					
								

Coach feedback:

Event number: 2: 200M FREESTYLE MEN 11+							Heat:9, starttime: 10:00	
Heat: 9/9 Lane : 3 Athlete: PUCCIO ALESSIO							Q-time: 01:58:31	
PB (25m pool): 01:58.31 Woluwe-St-Lambert 29/05/2025							PB (50m pool): 02:26.42 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:26.60		00:56.27		no time		01:58.31
	00:26.60		00:29.67					
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 10:06
Heat: 2/5 Lane : 1 Athlete: EGÉE SAMUEL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 10:06
Heat: 2/5 Lane : 3 Athlete: RUDIK ADRIAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 3: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 10:06
Heat: 2/5 Lane : 6 Athlete: VAN DOREN YINTE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 10:18	
Heat: 1/5 Lane : 2 Athlete: VAN DEN TROOST AMY							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 10:27	
Heat: 3/5 Lane : 3 Athlete: ANTUNES LYNA							Q-time: 02:48:19	
PB (25m pool): 02:46.50 Zaventem / Vilvoorde 24/07/2021							PB (50m pool): 02:53.61 SB: 02:48.19 LEUVEN 23/11/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:46.50
	no time							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 10:31	
Heat: 4/5 Lane : 5 Athlete: VAN STEENWINKEL ESTHER							Q-time: 03:17:74	
PB (25m pool): 03:17.74 Mons 26/10/2025							PB (50m pool): 03:33.70 SB: 03:17.74 Mons 26/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.59		01:35.94		02:26.74		03:17.74
	00:45.59		00:50.35		00:50.80		00:51.00	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 10:40	
Heat: 1/5 Lane : 3 Athlete: BOLLU ADRIEN							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 10:45	
Heat: 2/5 Lane : 4 Athlete: VAN STEENWINKEL WOUT							Q-time: 03:47:30	
PB (25m pool): 03:47.30 Dilbeek 11/05/2025							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.31		01:52.63		no time		03:47.30
	00:53.31		00:59.32					
								

Coach feedback:

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Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 10:49	
Heat: 3/5 Lane : 3 Athlete: BEAUTHIER KILLIAN							Q-time: 02:34:73	
PB (25m pool): 02:29.09 Ettelbruck 16/04/2023				PB (50m pool): 02:36.63 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:29.09
	no time							
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 10:53	
Heat: 4/5 Lane : 3 Athlete: BOLLU LUCA							Q-time: 02:33:97	
PB (25m pool): 02:33.97 Sinbad 22/07/2025				PB (50m pool): 02:45.53 SB: 02:40.34 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.50		01:14.25		no time		02:33.97
	00:34.50		00:39.75					
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 10:53	
Heat: 4/5 Lane : 5 Athlete: GUENDOUZ ANAS							Q-time: 02:54:49	
PB (25m pool): 02:54.49 Mons 26/10/2025				PB (50m pool): 03:05.27 SB: 02:54.49 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.81		01:23.86		02:08.74		02:54.49
	00:38.81		00:45.05		00:44.88		00:45.75	
								

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 11:06	
Heat: 2/6 Lane : 5 Athlete: VAN CAMPFORT NELE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 11:06	
Heat: 2/6 Lane : 6 Athlete: BALAUR MARIA							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 11:12	
Heat: 3/6 Lane : 4 Athlete: KEERSMAEKERS ELLA							Q-time: 03:13:12	
PB (25m pool): 03:13.12 Woluwe-St-Lambert 29/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.25		01:35.65		no time		03:13.12
	00:46.25		00:49.40					
								

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 11:16	
Heat: 4/6 Lane : 1 Athlete: VAN DEN TROOST AMY							Q-time: 03:07:68	
PB (25m pool): 03:07.68 Leuven 12/10/2025				PB (50m pool): no time SB: 03:07.68 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.67		01:32.63		02:20.74		03:07.68
	00:45.67		00:46.96		00:48.11		00:46.94	
								

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 11:16	
Heat: 4/6 Lane : 4 Athlete: ROELANT SISKA							Q-time: 02:47:78	
PB (25m pool): 02:47.78 Vilvoorde 23/03/2025				PB (50m pool): 02:56.49SB: 02:50.49 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.86		01:24.21		no time		02:47.78
	00:40.86		00:43.35					
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 11:21	
Heat: 5/6 Lane : 4 Athlete: BOROWSKA LENA							Q-time: 02:42:14	
PB (25m pool): 02:42.14 Mons 26/10/2025				PB (50m pool): 02:47.49SB: 02:42.14 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.85		01:17.52		02:00.07		02:42.14
	00:36.85		00:40.67		00:42.55		00:42.07	
								

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 11:21	
Heat: 5/6 Lane : 5 Athlete: EL AOUIRI LINA							Q-time: 02:53:58	
PB (25m pool): 02:53.58 Dilbeek 11/05/2025				PB (50m pool): 02:52.10 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.52		01:25.71		no time		02:53.58
	00:41.52		00:44.19					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 11:39	
Heat: 3/6 Lane : 3 Athlete: PIERART VITO							Q-time: 03:00:36	
PB (25m pool): 03:00.36 Dilbeek 11/05/2025				PB (50m pool): no time SB: 03:09.73 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.88		01:28.23		no time		03:00.36
	00:41.88		00:46.35					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 11:44	
Heat: 4/6 Lane : 3 Athlete: ROOBAERT JURRE							Q-time: 02:12:98	
PB (25m pool): 02:12.98 Sinbad 22/07/2025				PB (50m pool): 02:20.54 SB: 02:15.64 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.38		01:05.38		no time		02:12.98
	00:31.38		00:34.00					
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 11:44	
Heat: 4/6 Lane : 6 Athlete: VAN STEENWINKEL WOUT							Q-time: 02:55:05	
PB (25m pool): 02:55.05 Sinbad 22/07/2025				PB (50m pool): no time SB: 02:56.53 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.57		01:31.97		no time		02:55.05
	00:42.57		00:49.40					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 11:47	
Heat: 5/6 Lane : 2 Athlete: GUENDOUZ ANAS							Q-time: 02:25:78	
PB (25m pool): 02:25.78 Vilvoorde 05/10/2025				PB (50m pool): 02:31.88 SB: 02:25.78 Vilvoorde 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.39		01:11.78		no time		02:25.78
	00:34.39		00:37.39					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 11:51	
Heat: 6/6 Lane : 2 Athlete: RUDIK ALEKSANDER							Q-time: 02:22:48	
PB (25m pool): 02:22.48 Mons 26/10/2025				PB (50m pool): 02:28.85SB: 02:22.48 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.12		01:08.98		01:45.85		02:22.48
	00:33.12		00:35.86		00:36.87		00:36.63	
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:6, starttime: 11:51	
Heat: 6/6 Lane : 4 Athlete: DAS JORAN							Q-time: 02:15:61	
PB (25m pool): 02:15.61 Mons 26/10/2025				PB (50m pool): 02:46.63SB: 02:15.61 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.06		01:06.02		01:40.97		02:15.61
	00:32.06		00:33.96		00:34.95		00:34.64	
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 8: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 11:55
Heat: 1/5 Lane : 2 Athlete: VAN DOREN YINTE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 11:55
Heat: 1/5 Lane : 5 Athlete: RUDIK ADRIAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 11:58
Heat: 2/5 Lane : 6 Athlete: EGÉE SAMUEL					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 12:07	
Heat: 1/7 Lane : 1 Athlete: VAN CAMPFORT NELE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 12:16	
Heat: 3/7 Lane : 2 Athlete: ISSAGHOLIAN EMELI							Q-time: 03:12:78	
PB (25m pool): 03:12.78 Vilvoorde 05/10/2025				PB (50m pool): 03:04.49SB: 03:12.78 Vilvoorde 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.39		no time		no time		03:12.78
	00:42.39							
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 12:20	
Heat: 4/7 Lane : 3 Athlete: DESENDER HANNELORE							Q-time: 02:54:25	
PB (25m pool): 02:53.42 Vilvoorde 10/03/2024				PB (50m pool): 02:54.84 SB: 02:56.71 Zaventem 08/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:53.42
	no time							
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 12:20	
Heat: 4/7 Lane : 4 Athlete: VAN STEENWINKEL ESTHER							Q-time: 02:57:56	
PB (25m pool): 02:57.56 Vilvoorde 23/03/2025				PB (50m pool): 03:03.25 SB: 02:58.22 Vilvoorde 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.08		no time		no time		02:57.56
	00:39.08							
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 12:27	
Heat: 6/7 Lane : 4 Athlete: ANTUNES LYNA							Q-time: 02:35:34	
PB (25m pool): 02:29.43 Leuven 16/10/2022				PB (50m pool): 02:36.43SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:29.43
	no time							
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 12:27	
Heat: 6/7 Lane : 6 Athlete: VAN HOYLANDT JULIE							Q-time: 02:53:19	
PB (25m pool): 02:53.19 Zaventem 08/02/2026				PB (50m pool): 03:03.29SB: 02:53.19 Zaventem 08/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.06		no time		no time		02:53.19
	00:37.06							
								

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 12:30	
Heat: 7/7 Lane : 4 Athlete: PIGEON KELLY							Q-time: 02:33:16	
PB (25m pool): 02:24.72 Zaventem 19/07/2022				PB (50m pool): 02:31.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:24.72
	no time							
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:2, starttime: 12:38	
Heat: 2/8 Lane : 4 Athlete: BOROWSKI ALAN							Q-time: 03:15:37	
PB (25m pool): 03:15.37 Zaventem 08/02/2026				PB (50m pool): no time SB: 03:15.37 Zaventem 08/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.96		no time		no time		03:15.37
	00:45.96							
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:7, starttime: 12:56	
Heat: 7/8 Lane : 3 Athlete: ROOBAERT JURRE							Q-time: 02:15:81	
PB (25m pool): 02:15.81 Sinbad 16/03/2025				PB (50m pool): 02:19.80SB: 02:20.11 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.97		no time		no time		02:15.81
	00:29.97							
								

Coach feedback:

Challenge Robert Bam: Session: 1: COACH evaluation sheet for TEAM: KVZP

Event number: 10: 200M MEDLEY MEN 11+							Heat:7, starttime: 12:56	
Heat: 7/8 Lane : 4 Athlete: BOLLU LUCA							Q-time: 02:20:72	
PB (25m pool): 02:20.72 Sinbad 22/07/2025				PB (50m pool): 02:27.96SB: 02:22.07 Vilvoorde 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.59		no time		no time		02:20.72
	00:29.59							
								

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+							Heat:8, starttime: 12:59	
Heat: 8/8 Lane : 3 Athlete: PUCCIO ALESSIO							Q-time: 02:14:18	
PB (25m pool): 02:14.18 Woluwe-St-Lambert 29/05/2025				PB (50m pool): 02:16.54 SB: 02:16.41 Vilvoorde 05/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:27.64		no time		no time		02:14.18
	00:27.64							
								

Coach feedback: